goop kitchen

MENU

BOWLS + PLATES

All of our bowls are gluten free.

All sauces and marinades made in-house marked GCC are goop Certified Clean (no processed sugars, processed foods, gluten, dairy, peanuts, or preservatives).

Our Mary's chicken is free-range and our salmon is Big Glory Bay "Green - Best Choice" by Monterey Bay Seafood Watch™ Program and 4 Star Best Aquaculture Practices Certified.

BIG GLORY BAY FALL SALMON BOWL $16.95

Pan-seared salmon with GCC chimichurri sauce, Koda Farms organic brown rice, roasted butternut squash, brussel sprouts, grilled red onions, garlic braised kale, wilted spinach and arugula blend, crispy shallots topped with superseed crunchies (sesame seeds, poppy seeds, almond flour, everything seasoning) and a side of salsa verde

Extra Pan-Seared Salmon, $6.50 | Extra Salsa Verde, $1.95

GLUTEN-FREE | DAIRY-FREE

THE GOOP TERIYAKI BOWL $15.95

Grilled Mary's chicken, umami rice blend (shiitake and brown rice), miso marinated kale, avocado, house-made furikake, garlic broccoli, Gyocha's pickled ginger, and a side of GCC teriyaki sauce

Sub White Meat Chicken, no charge | Sub Miso-Glazed Salmon, $4
Sub BBQ-Glazed Tofu, no charge | Extra Mary's Grilled Chicken, $3.75
Extra GCC Teriyaki Sauce, $1.95 | Sub Koda Farms Organic Brown Rice, no charge

GLUTEN-FREE | DAIRY-FREE

BBQ CHIPOTLE CHICKEN PLATE $14.95

Marinated Mary's grilled chicken and GCC chipotle BBQ sauce, adobo black beans, crispy arroz verde, carrot pico de gallo, avocado, lime, cilantro, GCC arbol-amarillo, nondairy lime crema

Sub Mushroom Carnitas, no charge | Extra Mary's Grilled Chicken, $3.75
Extra GCC Arbol-Amarillo Salsa, $1.95 | Nondairy Lime Crema, $1.95

GLUTEN-FREE | DAIRY-FREE
Sub mushroom carnitas to make it vegan

THE BENTO BOX $15.95 - $17.95

Your choice of protein, steamed Koda Farms organic brown rice, chili cucumbers, gyocha's seaweed salad, shaved cabbage slaw with GCC carrot-ginger vinaigrette, marinated kale, crispy shallot and garlic blend and a side of GCC teriyaki sauce

Choose BBQ Glazed Tofu, $15.95
Choose Grilled Teriyaki Chicken, $15.95
Choose Big Glory Bay Miso Glazed Salmon, $17.95

GLUTEN-FREE | DAIRY-FREE

MUSHROOM CARNITAS BOWL $13.95

Slow-roasted mushrooms, adobo black beans, avocado, crispy arroz verde, pico de gallo, pickled red onions, and a side of nondairy lime crema and GCC arbol-amarillo chili salsa

Sub Mary's Grilled Chicken, $2 | Extra Mushroom Carnitas, $2.95
Add Mary's Grilled Chicken, $3.75 | Extra Nondairy Lime Crema, $1.95
Extra GCC Arbol Amarillo Chili Salsa, $1.95

GLUTEN-FREE | DAIRY-FREE | VEGAN

GOOP MEDITERRANEAN PLATE $13.95

GP's soccata (a blend of chickpeas, kale and feta, roasted and pan-seared), GCC hummus with spiced chickpeas, cucumber and olive salad, marinated feta, muhammara (google it-it's delish), seeded crackers and a side of nondairy tzatziki and GCC spicy harissa

Sub Mary's Grilled Chicken, $2 | Extra Soccata, $3
Extra Seeded Crackers, $2.50 | Add Mary's Grilled Chicken, $3.75
Extra GCC Spicy Harissa, $1.95 | Extra Nondairy Tzatziki, $1.95

GLUTEN-FREE | VEGETARIAN

SALADS

All salads are gluten-free.

All dressings made in-house marked GCC are goop Certified Clean (no processed sugars, processed foods, gluten, dairy, peanuts, or preservatives).

Our Mary's chicken is free-range, and our salmon is Big Glory Bay "Green - Best Choice" by Monterey Bay Seafood Watch™ Program and 4 Star Best Aquaculture Practices Certified.

GP'S CLASSIC-ISH COBB — $14.95

7-minute egg, avocado, tomatoes, Point Reyes blue cheese, roasted golden beets, Mama Lil's peppers and house pickled shishitos, maple glazed bacon, little gem, radicchio, and a side of GCC Dijon mustard vinaigrette

Add Pulled Mary's Chicken, $3.50 | Extra GCC Dijon Mustard Vinaigrette, $1.95 | Extra GCC Maple Mustard Vinaigrette, $1.95
Extra Nondairy Ranch, $1.95

GLUTEN-FREE | VEGETARIAN
Remove bacon to make it vegetarian

THAI CRISPY RICE CRUNCH SALAD $13.95

Half crispy, half salad, just the way we like it. Marinated glass noodles, gem lettuce mix, mango slaw, mint and cilantro, avocado, watermelon radish, candied almonds and shallot and garlic blend, crispy Koda farms rice, and honey lime vinaigrette

Add Pulled Mary's Chicken, $3.50 | Extra Marinated Glass Noodles, $1.95
Extra Honey Lime Vinaigrette, $1.95 | Extra GCC Cashew Vinaigrette, $1.95 | Extra GCC Miso Vinaigrette, $1.95

GLUTEN-FREE | DAIRY-FREE | VEGETARIAN

GOOP-Y CAESAR SALAD $12.95

A little unique, a little nostalgic with all the elements of a classic Caesar. Gem lettuce mix, watermelon radish, parmesan, gluten-free sourdough crushed croutons, crispy shallot blend, and a side dressing of your choice. Our top picks: Classic nondairy Caesar dressing, spicy Calabrese Caesar dressing, or nondairy ranch.

Add Pulled Mary's Chicken, $3.50 | Add Half an Avocado, $2
Add 7-Minute Egg, $2 | Extra Extra Parmesan, $1 | Extra Nondairy Caesar Dressing, $1.95 | Extra Spicy Calabrese Caesar Dressing, $1.95
Extra Nondairy Ranch, $1.95

GLUTEN-FREE | VEGETARIAN
Remove parmesan and choose nondairy caesar or nondairy ranch to make it plant-based

FALL CHOPPED SALAD $13.95

Our favorite chopped salad: gem lettuce mix, falafel crispies, Hook's aged 2-year white cheddar, oven roasted butternut squash, marinated yellow beets, chopped dates, toasted almonds and a side of GCC maple mustard vinaigrette

Add Pulled Mary's Chicken, $3.50 | Add Half an Avocado, $2
Add 7-Minute Egg, $2 | Extra GCC Maple Mustard Vinaigrette, $1.95
Extra Nondairy Ranch, $1.95 | Extra GCC Dijon Mustard Vinaigrette, $1.95

GLUTEN-FREE | VEGETARIAN

SPRING ROLL SALAD $14.50

Our favorite Thai and Vietnamese starter in salad form: hand-pulled Mary's chicken, marinated glass noodles, crunchy slaw (zucchini, cabbage, romaine, carrots, and snow peas), mint, cilantro, turmeric cashews, pickled fresno chilies, and a side of GCC cashew vinaigrette

Extra Pulled Mary's Chicken, $3.50 | No Chicken, no charge
Extra GCC Cashew Vinaigrette, $1.95 | Extra GCC Carrot-Ginger Vinaigrette, $1.95 | Extra GCC Miso Vinaigrette, $1.95 | Extra Marinated Glass Noodles, $1.95

GLUTEN-FREE | DAIRY-FREE

BRENTWOOD CHINESE CHICKEN SALAD $14.95

Our take on the not-so traditional classic: hand-pulled Mary's chicken, bok choy, cabbage, avocado, sesame seed, watermelon radish, snow peas, cilantro, Gyocha's pickled ginger, and a side of grain-free cauliflower "wontons," toasted quinoa, roasted almonds, crispy shallots and garlic, and a side of GCC carrot-ginger vinaigrette

Extra Pulled Mary's Chicken, $3.50 | No Chicken, no charge
Extra GCC Carrot-Ginger Vinaigrette, $1.95 | Extra GCC Cashew Vinaigrette, $1.95 | Extra GCC Miso Vinaigrette, $1.95 | Extra GCC Dijon Mustard Vinaigrette, $1.95 | Extra Side of Crispies (almonds,

quinoa, wontons, shallots/garlic), $1.95

GLUTEN-FREE | DAIRY-FREE
Choose no chicken to make it plant based

BIG GLORY BAY MISO SALMON SALAD $17.95

Miso-glazed salmon, roasted Japanese purple sweet potatoes, avocado, 7 minute egg, house made furikake, snow peas, watermelon radish, pickled shishitos, gem lettuce mix, and a side of GCC miso vinaigrette

Sub Pulled Mary's Chicken, no charge | Extra Miso-Glazed Salmon, $6.50 | Extra GCC Miso Vinaigrette, $1.95 | Extra GCC Carrot-Ginger Vinaigrette, $1.95 | Extra GCC Cashew Vinaigrette, $1.95

GLUTEN-FREE | DAIRY-FREE

HANDHELDS

All handhelds are gluten free.

All sauces and marinades made in-house marked GCC are goop

Certified Clean (no processed sugars, processed foods, gluten, dairy, peanuts, or preservatives).

Our Mary's chicken and ground turkey are free-range.

THAI LETTUCE WRAPS $13.95

Our riff on traditional Thai lettuce wraps. Choice of Mary's ground turkey or Gyocha's BBQ Tofu
Build your own: Umami rice blend (shiitake and brown rice), mango slaw, GCC hoisin, spicy marinated cucumbers, lime, cilantro and mint, butter lettuce leaves, and a side of GCC cashew vinaigrette, and crispy shallots and garlic blend

Sub BBQ Tofu, $13.95 | Extra GCC Cashew Vinaigrette, $1.95 | Extra Chili Oil Shallot Crunch, $1.95

GLUTEN-FREE | DAIRY-FREE
Choose BBQ tofu to make it plant based

CHICKEN SALAD LUNCHBOX $12.95

Inspired from the pages of GP's The Clean Plate. Think adult lunchable: Mary's chicken salad, pickled red onion, avocado, snow pea and radish salad with non-dairy ranch, and everything seasoned superseed crackers (sesame seeds, poppy seeds, almond flour, everything seasoning) - bet you can't just eat one!

Extra Seeded Crackers, $2.50

GLUTEN-FREE | DAIRY-FREE

CURRY CHICKEN SALAD SUMMER ROLLS $12.95

A duo of rice-paper-wrapped Mary's curry chicken salad with watermelon radish, carrots, sprouts and collard greens, and a side of GCC pineapple-mango chutney

Extra GCC Pineapple Mango-Chutney, $1.95

GLUTEN-FREE | DAIRY-FREE

SIDE SALADS AND SOUPS

All salads and soup are gluten free.

All dressings made in-house marked GCC are goop Certified Clean (no processed sugars, processed foods, gluten, dairy, peanuts, or preservatives).

NOT SO SIMPLE SALAD $9.95

House gem lettuce mix, carrots, watermelon radish, tomatoes, and a side of GCC Dijon mustard vinaigrette

Add Pulled Mary's Chicken, $3.50 | Add 7-Minute Egg, $2 | Add Miso-Glazed Salmon, $6.50 | Add Half an Avocado, $2 | Extra GCC Dijon Mustard Vinaigrette, $1.95 | Extra GCC Carrot-Ginger Vinaigrette, $1.95 Extra Nondairy Ranch, $1.95 | Extra GCC Maple Mustard Vinaigrette,

$1.95 | Spicy Calabrese Caesar Dressing, $1.95 | Extra Nondairy Caesar Dressing, $1.95 | Extra Honey Lime Vinaigrette, $1.95 | GCC Apple Cider Vinaigrette, $1.95 | Lemon Vinaigrette, $1.95

GLUTEN-FREE | DAIRY-FREE | VEGAN

ARUGULA SALAD $10.95

Light and refreshing. Arugula and butter lettuce hearts, watermelon radish, shaved parmesan, crispy shallots and capers, and a side of lemon vinaigrette.

Add Pulled Mary's Chicken, $3.50 | Add 7-Minute Egg, $2 | Add Miso-Glazed Salmon, $6.50 | Add Half an Avocado, $2 | Lemon Vinaigrette, $1.95 | Extra GCC Dijon Mustard Vinaigrette, $1.95 | EGCC Maple Mustard Vinaigrette $1.95 | Extra Nondairy Ranch, $1.95 | Extra Nondairy Caesar Dressing, $1.95 | Extra Honey Lime Vinaigrette, $1.95 GCC Apple Cider Vinaigrette, $1.95

GLUTEN-FREE | VEGETARIAN

SHAVED KALE SALAD $11.95

It's like a slaw but way cooler, cause that's how we roll. Finely shaved kale, brussel sprout and green cabbage salad, watermelon radish, Hook's 2-year aged white cheddar, a side of candied almonds and shallot and garlic blend, and GCC apple cider vinaigrette.

Add Pulled Mary's Chicken, $3.50 | Add 7-Minute Egg, $2 | Add Miso-Glazed Salmon, $6.50 | Add Half an Avocado, $2 | GCC Apple Cider Vinaigrette, $1.95 | Lemon Vinaigrette, $1.95 | GCC Dijon Mustard Vinaigrette, $1.95 | GCC Maple Mustard Vinaigrette, $1.95 | Nondairy Ranch $1.95 | Nondairy Caesar, $1.95 Honey Lime Vinaigrette, $1.95

GLUTEN-FREE | VEGETARIAN

GOOP-Y CAESAR $10.95

A smaller version of our goop-y Caesar salad. Gem lettuce mix, watermelon radish, parmesan, gluten-free sourdough crushed croutons, crispy shallot blend, and a side dressing of your choice. Our top picks: Classic nondairy Caesar dressing, spicy Calabrese Caesar dressing, or nondairy ranch.

Add Pulled Mary's Chicken, $3.50 | Add 7-Minute Egg, $2 | Add Miso-Glazed Salmon, $6.50 | Add Half an Avocado, $2 | Nondairy Caesar Dressing, $1.95 | Spicy Calabrese Caesar Dressing, $1.95 | Nondairy Ranch Dressing, $1.95

GLUTEN-FREE | VEGETARIAN
Remove remove parmesan and choose nondairy caesar or nondairy ranch to make it plant-based

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JAPANESE SWEET POTATO SOUP $8.50

With glazed and roasted brussels sprouts

GLUTEN-FREE | DAIRY-FREE | VEGAN

TURMERIC SPICED CHICKEN BONE BROTH $8.95

Mary's chicken bone broth, turmeric, Himalayan sea salt and scallions

GLUTEN-FREE | DAIRY-FREE

CURRY CAULIFLOWER SOUP $8.75

Creamy curry spiced cauliflower soup with tiki masala spiced roasted cauliflower and a side of nondairy lime crema.

GLUTEN-FREE | DAIRY-FREE | VEGAN

DESSERTS

All our desserts are gluten-free.

COCO CHOCOLATE CHIP COOKIES $3.95

Almond flour chocolate chip cookies with toasted coconut flakes

2 Cookies, $3.95 | 6 Cookies, $11.50

GLUTEN-FREE | DAIRY-FREE | VEGAN

(OOEY GOOP-Y) DARK CHOCOLATE BROWNIES $4.95

Dark Chocolate, almond flour and sea salt

1 Brownie, $4.95 | 2 Brownies, $9.50

GLUTEN-FREE | DAIRY-FREE