goopkitchen

MENU



BOWLS

All bowls are gluten-free.

All sauces and marinades made in-house marked GCC are goop Certified Clean (no processed sugars, processed foods, gluten, soy, dairy, peanuts, or preservatives).

Our Mary's chicken and ground turkey is organic and free-range and our salmon is Big Glory Bay "Green - Best Choice" by Monterey Bay Seafood Watch[™] Program and 4 Star Best Aquaculture Practices Certified.

THE GOOP TERIYAKI BOWL

Grilled Mary's organic chicken, umami rice blend (shiitake, brown and cauliflower rice), marinated kale, avocado, housemade furikake, chili cucumbers, Gyocha's pickled ginger, and a side of GCC teriyaki sauce

Sub BBQ-Glazed Tofu, no charge | Sub Miso-Glazed Salmon, \$4 Extra Mary's Organic Grilled Chicken, \$3.50 | Sub Koda Farms Organic Brown Rice, no charge

GLUTEN-FREE | DAIRY-FREE

MUSHROOM CARNITAS BOWL

Slow-roasted mushrooms, heirloom adobo black beans, avocado, crispy arroz verde (brown and cauliflower rice blend), carrot pico de gallo, pickled red onions, and a side of nondairy lime crema and GCC arbol-amarillo chili salsa

Sub Mary's Organic Grilled Chicken, \$2 | Extra Mushroom Carnitas, \$2.75 Add Mary's Organic Grilled Chicken, \$3.50

GLUTEN-FREE | DAIRY-FREE | VEGAN

MISO SALMON BENTO BOX

Big Glory Bay miso-glazed salmon, steamed Koda Farms organic brown rice, glazed eggplant, chili cucumbers, shaved cabbage slaw with GCC carrot-ginger vinaigrette, marinated kale, crispy shallot and garlic blend and a side of GCC teriyaki sauce

Sub Mary's Organic Grilled Chicken, no charge | Sub BBQ-Glazed Tofu, no charge | Sub Umami Rice, \$1

GLUTEN-FREE | DAIRY-FREE

FALL SALMON BOWL

Pan-seared Big Glory Bay Salmon with GCC chimichurri sauce, roasted acorn squash and heirloom carrots, Koda Farms organic brown rice and cauliflower rice blend, braised kale, crispy shallots topped with superseed crunchies, and a side of GCC salsa verde

Extra Pan-Seared Salmon, \$6.50 | Sub Koda Farms Organic Brown Rice, no charge

GLUTEN-FREE | DAIRY-FREE

\$16.95

GOOP MEDITERRANEAN PLATE GP's soccata (a blend of chickpeas, kale and feta, roasted and pan-seared), GCC hummus with spiced chickpeas, cucumber and olive salad, marinated feta, muhammara (google it-it's delish), roasted spiced eggplant, and a side of nondiary tzatziki and GCC spicy harissa

\$14.95

\$12.95

\$17.95

Sub Mary's Organic Grilled Chicken, \$2 | Extra Soccata, \$3 | Add Mary's Organic Grilled Chicken, \$3.50

GLUTEN-FREE | VEGETARIAN



SALADS

All salads are gluten-free.

All dressings made in-house marked GCC are goop Certified Clean (no processed sugars, processed foods, gluten, soy, dairy, peanuts, or preservatives).

Our Mary's chicken is organic and free-range, our turkey is uncured and nitrate-free, and our salmon is Big Glory Bay "Green - Best Choice" by Monterey Bay Seafood Watch™ Program and 4 Star Best Aquaculture Practices Certified.

GP'S CLASSIC-ISH COBB

7-minute egg, avocado, tomatoes, Point Reyes blue cheese, roasted golden beets, Mama Lil's peppers and house pickled shishitos, little gem, radicchio, and a side of GCC Dijon mustard vinaigrette

Add Pulled Mary's Organic Chicken, \$3

GLUTEN-FREE | VEGETARIAN

SOUTHWEST AVOCADO SALAD WITH CHICKEN

Hand-pulled Mary's organic chicken, avocado, midnight black beans, Little Gem, jicama, carrot pico de gallo, cilantro, watermelon radish, feta, crispy Koda Farms rice and Siete grain-free tortilla strips (almond), and a side of GCC chipotle vinaigrette

Extra Pulled Mary's Organic Chicken, \$3 | Extra Side of Crunchies (crispy rice and tortilla strips), \$1.75 | No Chicken, no charge

GLUTEN-FREE Remove the feta and chicken to make it vegan

SPRING ROLL SALAD

Our favorite Thai and Vietnamese starter in salad form: handpulled Mary's organic chicken, marinated glass noodles, crunchy slaw (zucchini, cabbage, romaine, carrots, and snow peas), mint, cilantro, turmeric cashews, pickled fresno chilies, and a side of GCC cashew satay-nuoc cham vinaigrette

Extra Pulled Mary's Organic Chicken, \$3 | No Chicken, no charge Extra Marinated Glass Noodles, \$1.75

GLUTEN-FREE | DAIRY-FREE

BRENTWOOD CHINESE CHICKEN SALAD

Our take on the not-so-traditional classic: hand-pulled Mary's organic chicken, bok choy, cilantro, cabbage, and romaine blend, avocado, watermelon radish, snow peas, Gyocha's pickled ginger, and a side of Siete grain-free "wontons" (almond), toasted quinoa, roasted almonds, sesame seeds, crispy shallots and garlic, and a side of GCC carrot-ginger vinaigrette

Extra Pulled Mary's Organic Chicken, \$3 | No Chicken, no charge Extra Side of Crispies (almonds, quinoa, wontons, shallots/garlic), \$1.75 GLUTEN-FREE | DAIRY-FREE

\$14.50

\$12.95

\$13.95

\$13.95

SUPREMA CHOPPED

Zoe's turkey salami, heirloom Christmas lima beans, chickpeas, insalata mista, Mama Lil's peppers and pickled shishitos, mixed olives, marinated fresh mozzarella, shaved red onions, tomatoes, and a side of shallot-parm vinaigrette

Add Pulled Mary's Organic Chicken, \$3

GLUTEN-FREE

MISO SALMON SALAD

Big Glory Bay miso-glazed salmon, roasted Japanese purple sweet potatoes, avocado, long beans, 7-minute egg, house-made furikake, snow peas, watermelon radish, pickled shishitos, organic farmers' market greens, and a side of GCC miso vinaigrette

Sub Pulled Mary's Organic Chicken, no charge Extra Miso-Glazed Salmon, \$6.50

GLUTEN-FREE | DAIRY-FREE

NOT SO SIMPLE SALAD

Organic farmers' market greens, heirloom carrots, watermelon radish, tomatoes, and a side of GCC Dijon mustard vinaigrette

Add Pulled Mary's Organic Chicken, \$3 | Add Miso-Glazed Salmon, \$6.50 Add 7-Minute Egg, \$2 | Add Half an Avocado, \$2

GLUTEN-FREE | DAIRY-FREE | VEGAN



HANDHELDS

All handhelds are gluten-free.

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Our Mary's chicken and ground turkey is organic and free-range.

IT'S ALL EASY DIY TACOS

Our goop'd up, SoCal take on tacos. Build your own: Choice of mushrooms in ranchero sauce or Mary's organic chicken tinga, GF cauliflower tortillas, pickled red cabbage, guasaca (guac-ish), pico de gallo, lime, cilantro, heirloom adobo black beans, crispy arroz verde (brown and cauliflower rice blend), and a side of nondairy lime crema and GCC arbol-amarillo salsa

Choose Chicken Tinga, \$13.95 | Choose Mushroom Ranchero, \$13.50

GLUTEN-FREE | DAIRY-FREE

Choose mushrooms to make it vegan

THAI TURKEY LETTUCE WRAPS

Our riff on traditional Thai lettuce wraps. Build your own: Mary's Organic ground turkey, GCC Hoisin, umami rice blend (shiitake, brown and cauliflower rice), mango slaw, marinated cucumbers, lime, cilantro and mint, butter lettuce leaves, and a side of GCC cashew satay-nuoc cham vinaigrette, crispy shallots and garlic, and GCC chili oil shallot crunch

\$13.50 - \$13.95

\$13.50

\$14.95

\$17.95

\$9.95

Sub BBQ-Glazed Tofu, no charge GLUTEN-FREE | DAIRY-FREE

PG. 86 CHICKEN SALAD LETTUCE WRAPS

Inspired from the pages of GP's The Clean Plate. Build your own: GP's hand pulled Mary's organic chicken salad, pickled red onion, avocado, marinated tomato, 7-minute egg, Mama Lil's peppers and shishitos, butter lettuce leaves, and a side of nondairy ranch and GCC Dijon mustard vinaigrette

GLUTEN-FREE | DAIRY-FREE

CURRY CHICKEN SALAD SUMMER ROLLS

A duo of brown-rice-paper-wrapped Mary's organic curry chicken salad with watermelon radish, carrots, sprouts and collard greens, and a side of GCC pineapple-mango chutney

GLUTEN-FREE | DAIRY-FREE



HOMEMADE SEASONAL SOUPS

All our soups are gluten-free.

JAPANESE SWEET POTATO SOUP With glazed and roasted brussels sprouts GLUTEN-FREE DAIRY-FREE VEGAN	\$8.50		
TURMERIC SPICED CHICKEN BONE BROTH	\$8.50		
Mary's organic chicken bone broth, turmeric, himalayan sea salt and scallions			

GLUTEN-FREE | DAIRY-FREE



DESSERTS

All our desserts are gluten-free.

COCO CHOCOLATE CHIP COOKIES Almond flour chocolate chip cookies with toasted coconut flakes 2 Cookies, \$3.95 | 6 Cookies, \$11.50 GLUTEN-FREE | DAIRY-FREE | VEGAN

\$3.95

\$12.95

\$12.50